



## ALZHEIMER'S/RELATED DISORDERS FAMILY SUPPORT PROGRAM

### SUGGESTED ITEMS TO PURCHASE FOR A NEW MEMORY CAFÉ

- Paper and ink for printing flyers; stamps and envelopes for mailings
- Large café sign(s) or banners
- Serving platters
- Table decorations (LED candles, artificial flowers, seasonal decorations)
- Tablecloths, paper goods
- Adaptive equipment (e.g., blender, temporary ramp)
- Music playlist and speakers
- Large format books with images of art, historical subjects, different countries, etcetera.
- Magazine subscriptions
- Musical instruments (shakers, tambourines, etc)
- Art supplies (colored cardstock paper, colored tissue paper, glue sticks/glue dots, markers and other non-messy drawing materials, scrapbooking paper, 3-D collage materials such as ribbons/buttons, standing display board to display art created at the café)
- Tactile materials that would appeal to your guests (hardware items, shells, feathers)
- Other art or activity products
  - <http://www.fragletsart.com/>
  - <http://revealedpresence.com/story-cards/>
  - <http://www.puzzlestoremember.org/>
  - Share-Time Picture Books for Reminiscence and Storytelling
  - Free “excursion guides” from Gail Borden Public Library - <http://gslis.dom.edu/about/tales-and-travel-memories>
- Guide books about creative activities for people with dementia (“Dementia Arts” by Gary Glazner; “You Say Goodbye and We Say Hello: The Montessori Method for Positive Dementia Care,” by Tom and Karen Brenner, etcetera)
- Trainings for café facilitators, such as:
  - [www.timeslips.org](http://www.timeslips.org)
  - [www.alzpoetry.com](http://www.alzpoetry.com)
  - [www.creativeaging.org](http://www.creativeaging.org)  
This is a free training, but would require staff time to complete it.